

ALLIANCE
JIU JITSU TEAM

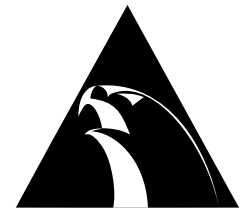
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CLASS SCHEDULE

ALLIANCE JIU-JITSU | ATLANTA

www.alliancebjj.com

5290 Roswell Rd STE A170 Sandy Springs, GA 30342 ATLANTA, GA 30338



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 - 8:00AM	Executive Gi	Advanced Gi/ Fundamental Gi/ Intermediate Gi	Executive Gi	Advanced Gi/ Fundamental Gi/ Intermediate Gi	Advanced No Gi / Gi Drilling	
8:00 - 9:00AM						Executive Gi
9:00 - 10:00AM						Teens No Gi
						9:30 AM
10:00 - 11:00AM						Kids No Gi
11:00 - 12:00AM	Competition Gi	Competition NoGi	Competition Gi	Competition NoGi	Competition Gi Drilling	Fundamental Gi/ Intermediate Gi/ Adv NoGi
12:00 - 1:00 PM	Advanced Gi/ Fundamental Gi/ Intermediate Gi	Advanced Gi/ Fundamental Gi/ Intermediate Gi	Advanced NoGi / Fundamental Gi/ Intermediate Gi/	Advanced Gi / Fundamental Gi/ Intermediate Gi	Advanced Gi / Intermediate Gi	Advanced Gi
5:00 - 6:00 PM		Little Eagles		Little Eagles	Teens Gi / Kids Gi	
5:30 - 6:30 PM	Fundamental Gi / Kids Gi	Kids Gi	Fundamental Gi / Kids Gi	Kids Gi	6:00 PM	Adv. Gi / Fund. Gi
6:30 - 7:30 PM	Intermediate Gi / Fundamental Gi / Teens Gi	Intermediate Gi / Fundamental Gi	Intermediate Gi / Fundamental Gi / Teens Gi	Intermediate Gi / Fundamental Gi		
7:30 - 9:00 PM	Adv. Gi / All Levels NoGi	Advanced Gi / All Levels NoGi	Adv. Gi / All Levels NoGi	Advanced Gi		